

Toronto Summer Retreat Schedule 2019 (Adults)

Time	Sat - Aug 3	Sun - Aug 4	Mon - Aug 5
6.00 - 7.15	Daily Prayer & Sadhana		
7:15 - 7:35	Maharaj Ji's Daily Instruction		
7:35 - 7:55	Aartis & Bhog		
7:55 - 8:00	Announcements		
8:00 - 9:00	BREAKFAST		
9:00 - 9:30	Seva Time		
9:30 - 9:50	Introductions, Orientation and Welcome Address by Didi Ji	Roopdhyan	
9:50 - 10:00		Keertan by Devotees	
10:00 - 11:00	Keertan by Devotees		
11:00 - 12:00	Lecture by Didi Ji	Lecture by Didi Ji	Q&A and Feedback
12:00 - 1:00	LUNCH		Keertan & Guru Paduka Pujan
1:00 - 2:30	Rest Time		LUNCH
2:30 - 3:30	Devotional games	Devotional games	Pack up & Departure
3:30 - 4:00	Shyama Shyam Geet	Bhakti Shatak	
4:00 - 4:45	Snack		
4:45 - 5:30	Video		
5:30 - 5:35	Skype	Skype	
5:35 - 6:30	Keertan	Keertan	
6:30 - 7:00	Bhog & Aarti		
7:00 - 8:00	DINNER		
8:00 - 8:30	Nagar Sankeertan		
8:30 - 9:00	Precious Memories of Shri Maharaj Ji		
9:00 - 10:00	Janmashtami Celebration	Cultural Program	