

सुमिरन कर ले मना, छिन छिन राधा रमना ।

Sumiran kar le manā, chin chin Rādhā Ramanā

*Meditate every moment, o my mind, on the delighter of Radha Rani's heart.*

हरि गुरु दोई अपना, गहु इनके ही शरणा ।

Hari Guru doī apanā, gahu ina ke hī śaraṇā

*Hari and Guru alone are yours. O my mind! Surrender only to Them.*

यह जग नहीं अपना, जाना है घर सजना ।

Yaha jag nahim apanā, jānā hai ghar sajanā

*This world is not yours. Your destination is the house of your Beloved.*

सारा जग नाता सपना, संग जाय हरि भजना ।

Sārā jag nātā sapnā, saṅg jāye Hari bhajanā

*All worldly relationships are but a dream. Only devotion to God will accompany you after death.*

जग में न कोई अपना, एक दिन होगा तजना ।

Jag mem na koī apanā, ek din hogā tajanā

*No one in the world is yours. One day you will have to renounce everyone.*

जोरि जोरि धरे क्यों धना, तन भी न साथी अपना ।

Jori jori dhare kyom dhanā, tan bhī na sāthī apanā

*Why are you accumulating worldly wealth? Do you not realize that even your body will not go with you?*

जग तो है माया का बना, इक हरि ही है अपना ।

Jag to hai māyā kā banā, ik Hari hī hai apanā

*The world is made of maya; only God belongs to you.*

जग को न मानो अपना, जग व्यापी हरि अपना ।

Jag ko na māno apanā, jag vyāpī Hari apanā

*Do not accept the world to be yours. Realize the all-pervading Hari as your own.*

दे दे आसू मूल्य मना, ले ले पिय प्रेम धना ।

De de āmsū mūlya manā, le le piya prem dhanā

*O my mind! Purchase the priceless treasure of love of your Beloved by paying the price of your tears.*

मै का तनु माया का बना, मै तो हरि का है अपना ।

Maim kā tanu māyā kā banā, maim to hari kā hai apanā

*The body is made of Maya, whereas the soul belongs eternally to God.*

शिशु बनि रो रो मना, प्रेम मागना है साधना ।

Śiśu bani ro ro manā, prem māṅganā hai sādhanā

*Devotion to God means to cry like a child and ask for the gift of divine love.*

बाहर ढढ क्यों मना, उर मे है तेरा सजना ।

Bāhar ḍhūṁḍhe kyom manā, ura mem hai terā sajanā

*Why search in the outside world? Your beloved is sitting in your heart.*

हरि तो 'कपालु' अपना, यह हरि श्रुति वचना ।

Hari to 'Kṛpālu' apanā, yah Hari śruti vacanā

*Says Shri 'Kripalu,' "God alone is yours. So says He in the eternal Vedas."*