

Radha Madhav Society, Retreat Schedule for Adults 2017

Time	Aug 5 - Sat	Aug 6 - Sun	Aug 7 - Mon	Aug 8 - Tues	Aug 9 - Wed	Aug 10 - Thur
6:00 - 7:30		Sadhana				
7:30 - 7:50		Maharaj Ji's Daily Instruction				
7:50 - 8:15		Prayers & Aartis				
8:15 - 9:00		BREAKFAST				
9:00 - 9:30		Seva Time				
9:30 - 10:00		Nagar Sankeertan				
10:00 - 10:40		Yoga, Health and Nutrition				
10:40 - 11:00		Shri Maharaj Ji's Video				
11:00 - 12:00		Technology & Your Family	Keertan & Bhog			
12:00 - 1:00	LUNCH & REGISTRATION	LUNCH				Guru Paduka Pujan
1:00 - 2:00		Rest Time				LUNCH
2:00 - 4:00	Introductions, Orientation, and Welcome Address by Didi Ji	Outing to Fairy Lake Park	Raksha Bandhan	Holi Celebration	Shiv Parvati Vivah & Cultural Program	Pack up & Departure
4:00 - 4:30	Daily Prayer, Guru Aarti & Keertan	Snack				
4:30 - 5:15	Snack	JKP Video	Games	JKP Video	Games	
5:15 - 5:30	Guided Roopdhyan					
5:30 - 6:30	Lecture by Didi Ji	Lecture by Didi Ji	Lecture by Didi Ji	Lecture by Didi Ji	Q&A Session with Didi Ji	
6:30 - 7:00	Bhog & Aarti					
7:00 - 8:00	DINNER					
8:00 - 8:30	Lighter Moments with Maharaj Ji	Cherished Memories of Maharaj Ji	Cherished Memories of Maharaj Ji	Lighter Moments with Maharaj Ji	Lighter Moments with Maharaj Ji	
8:30 - 9:30	Story Time with Didi Ji	Chanting under the stars	Bonfire	Story Time with Didi Ji	Special Keertan Session	
10:30	LIGHTS OUT					