

Radha Madhav Society Residential Youth Camp 2012

Age Group: 10 - 16 years

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
6:00 - 6:30		Wake up					
7:00-7:30		Daily Prayers					
7:30 - 7:40		Announcements					
7:45 - 8.30		Yoga	Yoga	Nature walk/outdoor breakfast	Yoga	Yoga	Yoga
8:30 - 9:15		Breakfast	Breakfast		Breakfast	Breakfast	Breakfast
9:20 - 9:40		Dorm Clean up					
9:45 - 10:45 AM		Mind - Friend or Enemy?	Importance of Sewa	Introduction to Brahm, Jeev, Maya	Essence of Hinduism (Kripalu Triyodashi)	Science of Devotion & Grace	Wellness for Life
10:45 - 12:00 PM		Games	Holi	Games	Games	Games	Games
12:00-1:00		Lunch					
1:00 - 2:00		Registration	Rest				
2:00 - 3:00	Welcome and Introductions	Spend time with Didi Ji	Optional Class that the student is signed up for	Spend time with Didi Ji (Dealing with Peer and Parental Pressure)	Movie	Optional Class that the student is signed up for	Volunteer Recognition, Cultural Program, Graduation, Testimonials
3:15 - 4:00	Talk by Didi Ji	Keertan by kids	Keertan by kids	Keertan by kids		Keertan by kids	
4:00 - 4:30	Snacks						Clean up & Departure
4:30 - 5:30	Music (Harmonium, Dholak, Majira and Singing) Lessons						
5:45 - 6:30	Keertan & Bhog						
6:30- 7:15	Dinner						
7:30 - 9:00	Importance of Hindu Youth Camps	Hanuman Jayanti	Holi	Saraswati Puja	Radhashtami	Diwali	
9:00 - 9:15	Milk & Cookies						
10:00	Lights Out						

Optional Class Choices: Fun with Food, Math Champ, Holy
Places of India, Historical Landmarks of India



